

Freshman Physical Education Contract

The Freshmen Physical Education Program is a traditional program focusing on life-long participation and team sports. Emphasis will be placed on applying physical education principles to life experiences. **Physical Education is a graduation requirement.**

ATTIRE:

Each student must have a change of clothes to participate in class. Proper class attire is required. **Sweatpants, wind pants, or ATHLETIC SHORTS, a T-shirt, sweatshirt and sneakers are the only acceptable attire.** Students are also encouraged to take off any jewelry prior to class.

GRADING:

- Students will receive a grade for each unit based on participation, effort, knowledge and skill. Students will also be given a written quiz for each unit covered in class. If you are absent the day of a quiz, you are expected to make it up the day you return to school.
- A final exam will make up 20% of the student's final grade

Absences: Excused absences (see student handbook) do not need to be made up. However, students will need to make up any quiz/test that they missed during an excused absence. Students will be graded **only on the days that they are present in class**, therefore, unit weighting will be adjusted to accommodate for excused absences. The student is responsible for providing documentation of the excused absence to their physical education teacher.

MEDICAL:

For a short term medical (1-2 days), students will stay with the class and be responsible for all the material covered. Long-term medicals are referred to guidance and the student will be assigned to a study. A medical note from a **physician** must be brought in for both long and short-term medicals.

STUDENT IS RESPONSIBLE FOR LOCKING UP EVERYTHING

All students are required to have their own lock. A basket will be issued for storing clothes overnight. Thieves do exist in our locker room; please lock up all of your belongings. WHS is not responsible if your things are stolen, BE RESPONSIBLE and lock them up! However, if the lock is not yours, we cannot give you the combination.

IMPORTANT FACTS

- **All WHS athletes are required to participate in class in order to practice and play in their games. Failing to do so will deny the player practice and playing privileges for that day.**
- **All students must be in the locker room before the second bell.** They should be in the gym or their respective areas 5 minutes after the second bell or they will be marked tardy.
- **All students are expected to remain in the locker room until the bell rings for the next period.** Those in the pool will remain in the pool area until 2 minutes before the bell, and then they may enter the locker room area.
- **All students are required to participate in a swimming unit.** Swimming medicals must be addressed **prior** to the start of the swim unit. An appropriate swimsuit is required for this unit.
- The Physical Education Staff supports all aspects of the WHS Honor Code and will enforce it during classes.
- **Any student caught with any electronic device, including cell phones, iPods, mp3 players, etc during a test/exam is in violation of the WHS Honor Code.** The violation will be submitted to the Honor Code Committee for review.

Freshman Contract

Student Name (Printed)

Student Signature

Date

Parent Name (Printed)

Parent Signature

Date

Phone Number

My son/daughter will need a hardcopy of the handout packet
Please circle YES NO

Parent Signature

Lock Combination
