

Sophomore Physical Education Contract

The Sophomore Physical Education (Adventure Education) program is a non-traditional program based on outdoor educational strategies and activities. It is designed to develop concepts of group dynamics through activities-based course of study. Students will engage in reflective exercises to evaluate personal strengths and limitations.

The Sophomore Physical Education program is a traditional program scheduled in two or three week blocks. It is designed to introduce the student to a variety of activities that will be developed in depth during their junior and senior year. Emphasis will be placed on active participation, effort and the demonstration of content knowledge.

Proper Physical Education Attire:

Proper class attire is required. Each student must have a change of clothes. **Sweats, wind pants or ATHLETIC SHORTS, a T-shirt, and sneakers are the only acceptable attire.** Sweats can not be worn over school clothes. NO jean shorts, cutoffs, pajama pants, boxer shorts, or cargo shorts, ½ shirts, blouses, tank tops, or sweaters are allowed. Street shoes or hiking boots type sneakers are not allowed. No offensive print or design will be allowed. Consequences of not being in proper attire will be no credit for the class and no make up.

Grading:

1. Adventure education evaluation will be based on rubric grading. The Adventure Education unit will last the duration of the first term. There will be NO written examinations.
2. Term 2: Units are two weeks in length except for volleyball which is three weeks.
3. Each unit will include a handout and a written test. The test is worth 20% of the unit. Attendance, attitude, effort, cooperation, improvement, and participation will make up the remaining 80%. (showing up to class and dressing does not give you an A)
4. Excused absences (see student handbook) do not need to be made up. However, students will need to make up any quiz/test that they missed during an excused absence. Students will be graded **only on the days that they are present in class**, therefore, unit weighting will be adjusted to accommodate for excused absences. The student is responsible for providing documentation of the excused absence to their physical education teacher.
5. If you missed the day of a test, you are required to make the test up the day you return.
6. Cuts and truancies cannot be made up.
7. Three (3) tardies equals an absence. Six (6) absences equal a failure.
8. Full credit for class cannot be earned if tardy to class.
9. The Final Exam will make up 20% of the students final grade.

Medical:

For a short term medical (1-2 days), students will stay with the class and be responsible for all the material covered. Long-term medicals are referred to guidance and the student will be assigned to a study. A MEDICAL note must be brought in for both long and short-term medicals.

STUDENT IS RESPONSIBLE FOR LOCKING UP EVERYTHING

All students are required to have their own lock. A basket will be issued for storing clothes overnight. During class time the long lockers may be used. If clothes are left in the long lockers overnight, they will be cleaned out at the student's expense. Thieves do exist in our locker room. Please lock up all of your belongings. WHS is not responsible if your things are stolen. Take the responsibility and **lock them up!**

Important Facts

- **All WHS athletes are required to participate in class in order to practice and play in their games. Failing to do so will deny the player practice and playing privileges.**
- **All students must be in the locker room before the second bell.** They should be in the gym or their respective areas 5 minutes after the second bell or they will be marked tardy.
- **All students are expected to remain in the locker room until the bell rings for the next period.**

Sophomore Contract

Student Name (printed)

Student Signature

Date

Parent Name (printed)

Parent Signature

Date

Phone Numbers:

Home:

Cell:

Work:

Locker Combination: